

## "STATES OF BEING"

In Carl Fredrik Schultz's paintings movements unfold, representing transformations or 'States of being'. His vision of change appears in the way colours, themes, and form combine: A clear personal touch emerges through the contrasting use of darkness and light and of shapes that often move upwards, or come together, before separating again. The painters' own life is his main source, an intimacy revealed in the paintings' names, as for instance "Waiting room (but moving)", a detail of a larger picture that clearly exceeds the frame, in which defined shapes float and slowly struggle in what appears a timeless and endless movement.

Following the creation of a painting helps understand its content. The start of each painting is spontaneous, initiated by an encounter between the painter, the canvas and what seems an endless world of the unknown. This is the pre-phase of the work, before vision or story comes in and develops, leading to an instinctively led process. Even when something more substantial and meaningful has been realised, a part of the initial mystery remains. The emerging fusion of form, colour and light helps connect with, but never entirely fills, the unknown out of which the painting came.

Awareness of the initial process and the unknown dimension contained by each work activates the viewer's own encounter with the painting's representations. Though each painting's title gives an indication of the idea behind it, the painter avoids the instructive, seeking solely a understanding of past and present transformations. Visualising the invisible and sensing the pre-articulated gives, to the attentive viewer, access to a part of his or her own personal story.

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